

ACTIVITIES RECOMMENDED FOR:



COUPLES



TEENS



FAMILIES

Sports Illustrated RESORTS

MARINA & VILLAS CAP CANA

WEEKLY ACTIVITIES AT THE POOL

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 AM	YOGA	NATURAL WALK	YOGA	NATURAL WALK	YOGA	NATURAL WALK	YOGA
11:00 AM	MINI GOLF	DARTS	SOCCER POINT	PING PONG TOURNNEY	HORSESHOES	CORNHOLE	PING PONG PANG
12:00 PM	POOL FITNESS	POOL FITNESS	POOL FITNESS	POOL FITNESS	POOL FITNESS	POOL FITNESS	POOL FITNESS
1:00 PM	VOLLEYBALL	VOLLEYBALL	VOLLEYBALL	VOLLEYBALL	VOLLEYBALL	VOLLEYBALL	VOLLEYBALL
2:30 PM	PASSIVE GAMES	PASSIVE GAMES	PASSIVE GAMES	PASSIVE GAMES	PASSIVE GAMES	PASSIVE GAMES	PASSIVE GAMES
3:30 PM	BINGO GAME	BINGO GAME	BINGO GAME	BINGO GAME	BINGO GAME	BINGO GAME	BINGO GAME
4:00 PM	COCKTAIL CLASSES	PICKLEBALL	BADMINTON TOURNNEY	EFFECTO WAOO	DOMINICAN PARADE	COCONUT PARTY	PAELLA TASTING
5:00 PM - 5:30 PM	BACHATA CLASS & ZUMBA	MERENGUE & CARDIO AEROBICS	SALSA CLASS & STEP AEROBICS	BACHATA CLASS & ZUMBA	MERENGUE & CARDIO AEROBICS	SALSA CLASS & STEP AEROBICS	MIXED DANCE